Nottinghamshire County Council

Foster Carer Training 2024/25

Foster for Nottinghamshire
giving local children roots

Foster Carer Training

Dear Foster Carers,

We are excited to share with you our fostering training brochure for 2024-25. We hope that you will find this brochure useful in navigating the various courses that we have on offer at Nottinghamshire County Council. Our fostering training pathway is designed to guide all our approved Foster Carers through their training and development journey to support in meeting the 20 hrs training requirement for each annual fostering review. The brochure outlines all mandatory and optional/additional courses available.

All Foster Carers will have their own personal development plans, which set out how Foster Carers will be supported to undertake ongoing training and development around the needs of the child/young people residing within their home. The development plans will be reviewed annually as part of the fostering review process and your learning will be reviewed/discussed within supervision between yourself and your Supervising Social Worker monthly. We welcome your ideas for training, therefore, please discuss any ideas for training with your supervising social worker.

All training within this training booklet was bookable via My Learning My Career, with all approved Nottinghamshire County Council foster carers having access. As of the 12th August 2024 the My Learning My Career (MLMC) is closed. The new platform is due to open later this year. Currently all training will have to be booked via email. This will need to be booked by emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

E Learning Courses will not be available during the transition period from whilst the platform is being installed. We are sorry for the inconvenience.

Please note that for each of the training events booked you will receive a confirmation email and a link to access the training if online. If there are any issues around this, please contact trainingadmin.pr@nottscc.gov.uk and alert your Fostering Support Officer.

We will aim to keep our training brochure updated and stored here Post-approval training Nottinghamshire County Council so that you will always have access. We will also let you know of any additional or new courses via the fostering newsletter.

Thank you for all that you do for the children / young people that you care for.

Kind Regards

The Fostering Training Team

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Year 1 Training

Post Approval Training

The Post Approval Training is undertaken over two days and is for all newly approved Foster Carers.

Day 1

Reflection on current practice and the journey of the child: departmental perspective

1. Provides information on departmental policies, procedures, and abbreviations.
2. Examines the roles & responsibilities of Foster Carers.
3. Provides information on how to access help and support.
4. Develops greater understanding of the child's journey into care.
5. Develops greater understanding of the roles and responsibilities of agencies involved.

Day 2

The journey of the child: multi- agency perspective and the legal and child protection process.

1. Be familiar with the involvement of the team around the child.
1. Be familiar with the involvement of agencies within Looked After process.
2. Consider Training, Support and Development Standards to your practice.
3. Understand the Foster Carer's role relating to transitions.
4. Identify relevant legislation.
5. Outline child protection process and links to Looked After Children process.
6. Highlight roles and responsibilities within these processes.

If you have any concerns or questions about attending Post Approval Induction Training, please speak to your allocated Supervising Social Worker. Please also tell us about anything you would like us to know that would improve your ability to benefit from the training (e.g., mobility and physical comfort issues and /or larger print handouts, etc.)

Dates for 2024/25

1. Saturday 13th and 20th July 2024 – 9:30am to 4:30pm (both dates) - Brownsea Centre - NG17 7DN
2. Saturday 8th and 15th Feb 2025 – 9:30am to 4:30pm (both dates) - Brownsea Centre - NG17 7DN

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

TSDS (Training Support and Development Standards) Workshops

This course is open to all Foster Carers who have not yet completed their TSDS workbook and is optional. The TSD Standards form part of a national strategy, supported by the Department for Education, to raise the profile of Foster Carers as valued professionals and to improve and standardise service provision for looked after children.

There are seven TSDS standards:

1. **Standard 1:** Understand the principles and values essential for fostering children and young people.
2. **Standard 2:** Understand your role as a Foster Carer.
3. **Standard 3:** Understand health and safety, and healthy care.
4. **Standard 4:** Know how to communicate effectively.
5. **Standard 5:** Understand the development of children and young people.
6. **Standard 6:** Keep children and young people safe from harm.
7. **Standard 7:** Develop yourself.

Foster Carers must evidence that they have met all these standards by providing relevant examples and knowledge within their workbook. The timescale for completion is 12 months for mainstream Foster Carers and 18 months for family and friends' carers once approved.

The virtual drop-in workshops are run by a Fostering Training Co-ordinator who is able to share advice and guidance on how to successfully complete the workbook.

Dates for 2024/25

1. Thursday 6th June 10am to 11am
2. Thursday 6th June 6pm to 7pm
3. Thursday 5th September 10am to 11am
4. Thursday 5th September 6pm to 7pm
5. Thursday 21st November 2024 12pm to 1pm
6. Thursday 21st November 2024 6pm to 7pm

All the above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

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Emergency First Aid for Foster Carers - Refresher Required every 3 Years

This qualification is designed to provide essential lifesaving skills for Foster Carers who may support children from a range of ages. **The certificate is valid for three years.**

On completion of training, successful candidates should be able to:

1. Understand how to administer first aid resuscitation of babies/toddlers/infants.
2. Understand how to clear airways of choking babies/toddlers/infants.
3. Understand the role of the first aider, including reference to the importance of preventing cross infection.
4. Understand the need for and practice in recording incidents and actions.
5. Use available equipment including Defibrillators and EpiPens.
6. Assess the situation and circumstances to act safely, promptly, and effectively in an emergency.
7. Administer first aid to a casualty who is unconscious (including seizure)
8. Administer cardiopulmonary resuscitation.
9. Administer first aid to a casualty/teenager who is choking.
10. Administer first aid to a casualty who is wounded and bleeding.
11. Administer first aid to a casualty who is suffering from shock.
12. Provide appropriate first aid for minor injuries (including small cuts, grazes; bruises, small splinters and minor burns and scalds).

Please note. **PLEASE BRING PHOTOGRAPHIC IDENTIFICATION WITH YOU. THIS IS A REQUIRMENT FOR ALL FIRST AID COURSES.**

As part of the requirements carers will need to demonstrate they are able to get down on the floor to complete CPR and to speak with their SSW/Fostering Training Co-ordinators in advance of the course running to discuss any adaptations/allowances that may be required.

Dates for 2024/25 – all sessions below run from 9.30am to 4.30pm

1. Tuesday 7th May 2024 - Edwinstowe House - NG21 9PR
2. Wednesday 12th June 2024 - Brownsea Centre - NG17 7DN
3. Saturday 15th June 2024 - Calverton Village Hall - NG14 6SA
4. Saturday 14th September 2024 - Brownsea Centre - NG17 7DN
5. Tuesday 8th October 2024 - Edwinstowe House - NG21 9PR
6. Saturday 12th October 2024 - Ollerton Scouts Centre - NG22 9AQ
7. Wednesday 6th November 2024 – Bestwood Lodge - NG5 8HT

8. Saturday 16th November 2024 – The Well Retford – DN22 7BD.
9. Saturday 7th December 2024 - Ollerton Scouts Centre - NG22 9AQ
10. Wednesday 8th January 2025 - Brownsea Centre - NG17 7DN
11. Saturday 18th January 2025 - Brownsea Centre - NG17 7DN
12. Wednesday 5th February 2025 - Brownsea Centre - NG17 7DN
13. Saturday 15th February 2025 – The Well Retford –DN22 7BD.
14. Wednesday 5th March 2025 - Brownsea Centre - NG17 7DN

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Care Administration of Medication - Refresher Required every 3 Years

Course content:

1. Drugs and medicines and the journey of a drug through the body.
2. Types of medicines and how they act in the body.
3. How to recognise and manage guidance from allergies and side effects.
4. The assessment of need.
5. Self-administration and administration fundamentals – 6Rs (the 6 rights).
6. All about MAR charts and how to carry out correct record keeping procedures and quality assurance.
7. How to check in medicines, storage and monitored dosage systems.
8. How to check in medicines & the administration fundamentals (6 rights).
9. The safe and effective way to handle and administer medication.
10. How to order, store and dispose of medication correctly.
11. How to carry out the correct procedures and policies for reporting any error or incident in the administration of medicines.
12. The correct way to administer inhalers, liquid medicines, creams, patches, eye drops, ear drops, nasal drops, and nasal sprays.
13. Know about personal products, patient owned medication, and homely remedies.
14. Know about the legal framework of medicines and the regulations governing the management of medicines.
15. Know about covert administration.

Dates for 2024/25

1. Tuesday 4th June 10am to 2pm
2. Friday 6th December 5pm to 9pm
3. Sunday 2nd February 2025 12pm to 4pm

All the above sessions are delivered by Zoom. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer: Reporting and Recording

An increasing number of adults who were looked after as children are asking to read their files and find out more about their childhoods and earlier life. It is important that Foster Carers keep comprehensive records that are factually accurate and, provide a balanced picture to monitor the child's progress and inform better assessment and decision-making processes.

This seminar has been devised to enable Foster Carers to fully understand their responsibilities and duty in recording and reporting, in accordance with Nottinghamshire County Council recording policy.

Course outline:

1. Importance of Foster Carer records & reasons for recording information.
2. Clarity about roles in recording and what should be recorded.
3. Consider legal & other issues in receiving, giving, and storing information.
4. Local and national guidance and best practice.
5. Reflect on own practice.
6. Know how to enable children and young people to participate in record keeping and keep memorabilia.

Dates for 2024/25

1. Wednesday 12th June 2024 6pm to 8pm
2. Thursday 12th September 2024 10am to 12pm

All the above sessions are delivered by Zoom. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

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Alternatively, please complete: -

Foster Carer Recording Information

Click here to start the course: Course: Foster Care Recording Information (learningpool.com)

Foster Carers Foundation PACE (Formerly FC Intro to PACE)

This event is mandatory and aims to provide an opportunity for Foster Carers to reflect on the session Therapeutic Parenting, which was attended as part of your assessment on the Skills to Foster Pre-approval Training. Foster Carers who have previously completed the Introduction to PACE **do not need to complete this event**.

FC Foundation PACE (Playfulness, Acceptance, Curiosity, Empathy) is a model of caring/parenting, which helps support and form secure attachments with children and young people who may have experienced difficulties in early life.

Learning Outcomes

1. Understand attachment, trauma, and brain development.
2. Explore what PACE is.
3. Explore how Foster Carers and childcare workers can integrate PACE into their work.
4. Understand how Foster Carers and childcare workers can help children with attachment difficulties.
5. Discuss the difficulties that may be involved in using PACE as a model of care.

Dates for 2024/25

1. Tuesday 15th October 2024 9.30am to 2.30pm

The above session is delivered by Zoom. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Assisting and Moving Introduction for Mainstream Carers - Refresher Required every 3 Years

This is for all mainstream carers who have not attended an assisting and moving course before or have not completed this or a refresher course within the last 18 months.

1. Understand legislation and individual responsibility as self-employed workers.
2. Understand the role as Foster Carers and others in relation to assisting and moving.
3. Be able to prepare an environment before assisting and moving.
4. Be able to support the individual to prepare before assisting and moving.
5. Be able to assist and move an individual in accordance with the individual's risk assessment and care plan.
6. Be able to report and record changes that may affect the individual's care.
7. Be able to assist appropriately an individual who is falling.
8. Be able to assist appropriately an individual who has fallen.
9. Be able to maintain and update records for assisting and moving and those which relate to assisting and moving falling/fallen individuals (by use of the incident recording and case recordings) Be able to apply safe handling practices to assist individual to move in and around their bed.
10. At the start of each fostering new fostering placement be aware of the following applicable to age range, safe use, selection and maintenance requirements of cots, travel cots, carry cots, car seats, pushchairs, beds – i.e., fittings (nuts & bolts), etc.

Dates for 2024/25

All courses below are from 10am to 2.30pm at Tangent Business Centre, Shirebrook NG20 8RX.

1. Tuesday 30th April 2024
2. Thursday 18th July 2024
3. Thursday 12th Sept 2024
4. Tuesday 1st Oct 2024
5. Thursday 16th Jan 2025

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Assisting and Moving Short Breaks Refresher (4.5 hr course) - Refresher Required every 18 Months

This is a foundation level course providing key knowledge and skills required to assist and move individuals with dignity whilst ensuring carer's own and others safety. It is suitable for all care workers who assist people to move. For those who wish to gain a recognised qualification the course covers the knowledge and skills required for the Qualifications and Credit Framework (QCF) Level 2 Certificate in Assisting and Moving Individuals for Social Care Settings. The 4 units covered are mandatory units that, when combined with appropriate self-directed and workplace learning, will achieve 10 credits. A minimum of 4 more credits are needed to gain the certificate and learners can select which of these they wish to take. It also complies with the requirements of the All-Wales Manual Handling Training Passport and Information Scheme.

Event Objectives:

- Understand the role of workers and others in relation to assisting and moving.
- Be able to prepare an environment before assisting and moving.
- Be able to support the individual to prepare before assisting and moving.
- Be able to assist and move an individual in accordance with the individual's risk assessment and care plan.
- Be able to report and record changes that may affect the individual's care and support plan for assisting and moving.
- Be able to assist appropriately an individual who is falling.
- Be able to assist appropriately an individual who has fallen.
- Be able to maintain and update records for assisting and moving and those which relate to assisting and moving falling/fallen individuals.
- Be able to assist an individual to sit, stand and walk safely.
- Be able to apply safe handling practices to assist individual to move in and around their bed.
- Be aware of the range, selection, safe use, maintenance requirements of mechanical beds, wheelchairs, hoist, and slings.

For safety reasons participants must wear loose fitting clothes and closed, supportive footwear i.e., full flat shoes. Please do not attend with long fingernails, be prepared to remove dress jewellery and tie back long hair.

Dates for 2024/25

1. Tuesday 22nd October 2024 10am to 2.30pm - Tangent Business Hub, Shirebrook NG20 8RX

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer GDPR and Information Sharing – Refresher Required Every 12 months

This training event will aim to: -

- Raise awareness of the importance of GDPR and your role as a Foster Carer within this.
- Your need to protect individuals' fundamental rights and freedoms, particularly their right to protection of their personal data.
- Support you in reflecting on confidentiality in terms of how records are stored, communication, removable media and ensuring all are GDPR compliant.
- Raising awareness of the importance of the use password to protect information.
- Clear understanding of how data is managed at the end of placement.

Dates for 2024/25

1. Wednesday 13th November 2024 6pm to 9pm
2. Thursday 6th February 2025 10am to 1pm

All the above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Fire Safety for Foster Carer Homes **Refresher required every 3 years**

This training is designed to an overview of good fire safety practice at home, including how to identify potential fire risks, what to do if you have a fire and how to exit the home safely. It links to standard 10, Fostering Services National Minimum Standards (England) 2011 and standards 2,3 of the Training Support and Development Standards for Foster Care.

This training is provided as E-Learning, it should be available to access when the new learning platform is in place for December 2024

Year 2 Training

Promoting Resilience & Recovery through Therapeutic Relationships

This training is Mandatory for all Foster Carers to attend - there is no need to attend this event if you have already completed four-day event of the same title. Foster Carers should have completed Intro to PACE or Foundation PACE prior to attending this training. Please note you will need to attend both sessions as described below to complete this training.

Day 1: What are relationships all about?

- Responding in the Moment (Check-in with yourself) - What do I bring to the interaction?
- Responding in the Moment (Connect, Correct and Repair) - What do I do, how can my child experience a safe/attuned adult?
- Reminding ourselves of what we want for our children.
- Attachment as a lens for understanding relationships.
- Being Trauma-informed.
- Understanding the challenges of parenting/caring.

Day 2: Responding in the Moment (Check-in with yourself) - What do I bring to the interaction?

- Understanding our sensory worlds.
- Learning about Emotion Coaching.
- Recognising our own needs and role in parenting/caring.
- Restorative Practice.
- Co-regulate a child.

Dates for 2024/25

1. Tuesday 16th April and Wednesday 17th April 2024 10am to 2pm (attend both sessions)
2. Tuesday 16th July and Wednesday 17th July 2024 10am to 2pm (attend both sessions)
3. Saturday 12th October and Saturday 19th October 2024 10am to 2pm (attend both sessions)

All the above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer Managing Risks from Children's Behaviour (Formerly CRB)

The County Council recognises that at times the behaviour presented by some children and young people can be challenging to the professionalism of foster carers. Foster Carers can be faced with difficult and sensitive situations which, if handled well, can be a positive reinforcement of good behaviour and build trust and respect.

The County Council's commitment is clear. We will work to provide the safest environments possible; we will support and enable you to reduce risk, violence and aggression in your foster home and we will provide you with training, guidance, and advice to keep you safe.

Nottinghamshire County Council, through Education, Standards, and Inclusion Services, has developed a training programme designed to help Foster Carers manage the risks associated with the challenging behaviours of young people. The course provides participants with an insight into recent legislation and guidance that could impact on policy and practice as well as a range of non-physical strategies to help manage the risks posed by children and young people's behaviour. Including ways of approaching and defusing situations in a therapeutic way which may help to avoid physical intervention. This is particularly important for all Foster Carers who work closely with children and teenagers.

Dates for 2024/25

1. Thursday 27th June 2024 - 10am to 2.30pm at Brownsea Centre
2. Saturday 24th May 2025 - 10am to 2.30pm – venue to be confirmed
3. **From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.**

Foster Carer Equality and Diversity

The training supports Foster Carers to have a deeper understanding of all diversity and promoting equality, deconstructing implicit biases, preconceived notions and stereotyping, and self-awareness of the impact we have on others through our own identity and perceived power.

- Differentiate between Equality and Equity and discussion around how Equality, rather than Equity, can be oppressive.
- Understand that identity is formed by the intersectionality of a person's various social and political identities and how they can combine to create different modes of discrimination and privilege.
- Foster positive relationships with children in care which is underpinned by a deeper understanding of identity.
- Confidently discuss issues around inequality with children/young people to be able to advocate and ensure that the views of the child or young person are at the center of all practice.
- Recognise the important role Foster Carers have in promoting identity and promote and celebrate individuality, difference, and diversity.
- Explore equality of opportunity and promote anti-discriminatory practice., social inclusion and advancement of children and young people in care.
- Reflect on how different types of prejudice and discrimination affect children and young people in care.
- Increase confidence to support and encourage children and young people to develop skills to talk about and deal with discrimination and promote self-worth and explore the stigma and discrimination that surrounds ‘the care system’.
- Understand what is meant by ‘White Privilege’ and the impact on communities if this goes unchallenged.
- Explore and understand multiple intersecting disadvantages that UK lesbian, gay, bisexual, trans and queer (LGBTQ+) care-leavers face, based on gender, sexual orientation ***and*** being care experienced.
- Explore the current experiences that LGBTQ+ cared for and care experienced children and young people have in relation to the preparation and processes of leaving care. Understand the importance of Pronouns.
- Increase awareness of trauma in young refugee and unaccompanied asylum-seeking children and the importance of working together to maximise relationships and resources, improve the support offered to each child or young person as they arrive in the UK as well as in the years that follow.

- Exploration of how children with a physical and/or learning disability, autism or both will have different life experiences, strengths, weaknesses, and support needs and how these can be supported.
- The importance of dialogue as an entry-point towards a deeper understanding of each other and how these conversations move people into awareness and consciousness, empathy, and a commitment to change thoughts and behaviours.
- The impact of social media and the potential risks involved in its use and an exploration of the information they post and how it might be viewed when published, together with the potential impact on the foster carer's reputation and by association the agency.

Dates for 2024/25

1. Monday 10th June 2024 10am to 1pm
2. Wednesday 4th December 2024 6pm to 9pm
3. Monday 10th March 2025 10am to 1pm

All the above sessions are delivered by Zoom. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

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NSCP Safeguarding Children Today Level 3 Refresher Required ever 3 Years

Applicants must have attended an Introduction to Safeguarding Children event (own agency or NSCP) or completed one of the Awareness of Child Abuse and Neglect e-learning modules.

Learning Outcomes –

- Increase understanding of the national & local context for the safeguarding agenda.
- Increase knowledge of relevant new legislation, inter agency practice guidance & revisions to the child protection procedures.
- Identify sources of information, advice & training regarding safeguarding children.
- Refresh and up-date knowledge on Safeguarding issues and themes currently affecting practice in Nottinghamshire.
- To share learning identified from Rapid Reviews and Local Child Safeguarding Practice Reviews (LCSPR) (Warning: These will be recent reviews which have occurred in Nottinghamshire, so some practitioners may have been involved with them, if so, you may find content upsetting).

Course Charges:

Please note we will incur a £20 charge for no shows on NSCP webinars., if you find you are no longer able to attend, they require 24 hours' notice of cancellation. Please log into your account and remove yourself from the event.

Dates for 2024/25

1. Tuesday 18th June 2024 9.30am to 12pm
2. Wednesday 18th September 2024 9.30am 12pm
3. Thursday 7th November 2024 9.30am to 12pm
4. Wednesday 8th January 2025 9.30am to 12pm
5. Tuesday 11th March 2025 9.30am to 12pm

All the above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Year 3 Training

Foster Carer Safeguarding Child Exploitation

The training supports foster carers: -

1. To understand the definition of child exploitation (CE).
2. To be aware of the prevalence of sexual abuse/exploitation- statistics, how this relates to fostering/ looked after children.
3. To understand the common stereotypes and assumptions made about the victims and perpetrators of sexual abuse/exploitation and how to overcome them.
4. To look at some of the vulnerabilities linked to sexual abuse/exploitation.
5. To understand the issues surrounding young people and their understanding of sexual consent
6. To be aware of various grooming methods used by perpetrators of child sexual abuse/exploitation.
7. To have a better awareness of how child exploitation can occur online.
8. To look at some key findings related to black, Asian, and ethnic minority (BAME), different genders, children with learning disabilities victims in relation to child exploitation.
9. To gain an understanding of the link between going missing and child sexual abuse/exploitation
10. To look at some common indicators of child sexual abuse/exploitation along with best practice guidance when using common indicator toolkits and local procedures
11. How to support children who have been victims of child exploitation
12. Best practice in sharing information relating to child exploitation (CE) between agencies.

Dates for 2024/25

1. Thursday 10th Oct 2024 – 9:30am to 1pm at Meadow House, NG18 2TB
2. Tuesday 4th March 2025 – 9.30am to 1pm – via Teams

For the above session delivered by Microsoft Teams, the link will be shared prior to the training commencing for foster carers who have booked on the course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carers Reflective Therapeutic Group Consultation Workshops

The workshops are for open consultation/guidance centred on reflection related to your holistic health and well-being, and or the therapeutic care of a child or young person. The workshops can be attended by Foster Carers more than once throughout the year, as each session is individual with its own topic (see below).

Dates for 2024/25

1. Wednesday 24th April 2024 6pm to 8pm – Family Time
2. Tuesday 21st May 2024 10am to 12pm– The Use of Natural Consequences
3. Monday 16th September 12.30pm-2.30pm -Practical application of PACE
4. Friday 11th October 12.30pm-2.30pm Regulating the Survival brain – Fight, Flight, Freeze
5. Monday 18th November 24 12.30 -2.30 - 3 R'S – supporting regulation, relation and responses activities and guidance. Face to Face venue to be arranged at Meadow House Mansfield
6. Monday 2nd December 12:30pm-2:30pm - Empathic Commentary and reframing language
7. Monday 13th January 2025 12.30pm-2.30pm - Using Therapeutic Parenting to manage Transitions and moving on.
8. Monday 3rd Feb 2025 12.30-2.30 - Developing Routine, Structure and Safety Face to Face venue to be confirmed at Meadow House Mansfield.
9. Monday 3rd March 2025 12.30pm-2.30pm - Supporting Children and Young People around Family Time
10. Monday 14th April 2025 12.30-2.30 - Social Media and Safeguarding.

All the above sessions are delivered by Zoom Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Optional/Additional Training

Foster Carer Family Time

This training takes foster carers through the requirements of family time for children/young people who are looked after by the local authority.

The training considers the following areas: -

- The legislation, policies and procedures that inform family time.
- The important role of a foster carer is in supporting children and young people through Family Time
- Exploration of the positives and challenges of Family Time, including the possible emotional impact on a child/young person and the birth family.
- The foster carer role in recording

Dates for 2024/25

1. Tuesday 24th September 2024 - 6pm to 8pm
2. Thursday 26th September 2024 - 10am to 12pm
3. Thursday 28th November 2024 - 10am to 12pm
4. Tuesday 14th January 2025 - 6pm to 8pm
5. Saturday 25th January 2025 - 10am to 12pm

All the above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer – The Adolescent Brain

Foster Carers will learn how to nurture confident decision-makers who trust themselves, others, and the world, so they can develop the resilience to handle the slings and arrows of life.

Dates for 2024/25

1. Saturday 11th May 2024 10am to 1pm

The above session is delivered by Zoom. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer – Re-Empowering the Powerless Child

Foster Carers will learn how to nurture confident decision-makers who trust themselves, others, and the world, so they can develop the resilience to handle the slings and arrows of life.

Dates for 2024/25

1. Wednesday 15th May 2024 9.30am to 12.30pm

Compassion Fatigue and Resilience

Exploring the realities of Compassion Fatigue, Secondary Trauma and Blocked Care. Reflecting on personal stress triggers and internal/external factors. Responding to trauma Self-care and Wellbeing Brain healthy lifestyles – from Neuroscientist Ben Webb (includes handout/resources) Retaining personal resilience.

Dates for 2024/25

1. Tuesday 14th May 2024 9.30am to 2.30pm
2. Tuesday 26th November 2024 9.30am to 2.30pm

All the above sessions are delivered by Zoom. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer Managing Allegations and Concerns

Objectives:

- To provide opportunity to improve your knowledge of policy, procedure, and processes when an allegation or concern is raised.
- Support Foster Carers to understand the threshold for concerns.
- Raise your awareness of the role of the professionals involved.
- Provide opportunity to discuss Case Studies and share your thoughts.
- Sign post you to further reading.
- Discuss support and mediation available to Foster Carers.

Dates for 2024/25

1. Wednesday 8th May 2024 10am to 12.30pm – Meadow House, NG18 2TB
2. Wednesday 13th November 2024 10am to 12.30pm – via Teams

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

NSCP Safeguarding Children Growing up in a Connected World Level 3

This course provides practitioners with an overview of the emerging risks and threats facing children and young people as they grow up in the digital world. The course will raise awareness of how children's and young people's online behaviour and attitudes have changed, and it will consider how our youngest children are being put at increasingly greater risk. This course is for all practitioners who work directly with children and young people.

Aims:

By the end of the session, participants will have had the opportunity to:

- Consider what it means to 'grow up in a digital world'.
- Explore the latest risks and threats facing our children and young people online – including the 4 C's.
- Discuss the latest data regarding children's online behaviour and relate that to the children and young people we work with.
- Consider potential future risks and threats and think about how we can educate our children, young people, and their families about them.

Please note we will incur a £20 charge for no shows on NSCP webinars., if you find you are no longer able to attend, they require 24 hours' notice of cancellation. Please log into your account and remove yourself from the event.

Dates for 2024/25

1. Wednesday 1st May 2024 9.30am to 12pm
2. Thursday 3rd October 2024 9.30 – 12pm

All the above session is delivered by Microsoft Teams. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Exploration of the Therapeutic Model through Virtual Reality

Virtual Reality is an immersive experience that puts you into the shoes of a child – a different experience from traditional reading learning for example.

The quote from Harper Lee captures what the essence of the VR is all about.

"You never really understand a person until you consider things from his point of view - until you climb into his skin and walk around in it." *Harper Lee*

Virtual Reality puts you into the shoes of the children and young people in our films, empathy develops, and behaviour is changed.

The Unborn Brain and Early Experiences

The virtual reality sessions follow on from each other starting with the unborn brain and early experiences, therefore, all carers should complete this course first.

This session will be focusing on the unborn brain and a child's early experiences.

- To support the development of empathy for our children and young people in care's experiences.
- To help gain a better insight into the impact of trauma and neglect, how this might feel and how children's early experiences may influence and impact on how they present.
- To encourage a more therapeutic approach in our responses to behaviour.

Attendance at this event will form the foundations to support you to attend following virtual reality events where the journey of a specific child will be followed.

Virtual reality training requires you to wear a virtual reality headset which supports you to feel 'immersed' into the lives of others and to 'walk in their shoes'. Health and safety advice around this will be given at the start of the event.

Dates for 2024/25

1. Wednesday 10th April 2024 10am to 12.30pm – Sherwood Energy Village, Ollerton NG22 9FE
2. Tuesday 9th July 2024 10am to 12.30pm – Sir John Robinson Way, Arnold NG5 6DB
3. Monday 7th October 2024 10am to 12.30pm – Meadow House, Mansfield NG18 2TB

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Primary Years at Home and School – Virtual Reality

This session will be focusing on the primary years at home and school building upon the previous VR training. Attendance at this event will form the foundations to support you to attend following virtual reality events where the journey of a specific child will be followed.

Dates for 2024/25

1. Tuesday 23rd April 2024 10am to 12:30pm - Sherwood Energy Village, Ollerton NG22 9FE
2. Monday 20th May 2024 10am to 12:30pm – Sir John Robinson Way, Arnold NG5 6DB
3. Thursday 13th June 2024 10am to 12:30pm – Meadow House, Mansfield NG18 2TB
4. Tuesday 17th Sept 2024 10am to 12:30pm – Sir John Robinson Way, Arnold NG5 6DB
5. Wednesday 16th October 2024 10am to 12:30pm – Meadow House, Mansfield NG18 2TB
6. Thursday 14th November 2024 10am to 12:30pm – Sherwood Energy Village, Ollerton NG22 9FE

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

The Teenage Brain– Virtual Reality

This session will be focusing on the teenage brain, with reflective discussions undertaken. Attendance at this event will form the foundations to support you to attend following virtual reality events where the journey of a specific child will be followed.

Dates for 2024/25

1. Tuesday 23rd April 2024 1pm to 2.30pm - Sherwood Energy Village, Ollerton NG22 9FE
2. Monday 20th May 2024 1pm to 2.30pm - Sir John Robinson Way, Arnold NG5 6DB
3. Thursday 13th June 2024 1pm to 2.30pm - Meadow House, Mansfield NG18 2TB
4. Tuesday 17th September 2024 1pm to 2.30pm - Sir John Robinson Way, Arnold NG5 6DB
5. Wednesday 16th October 2024 1pm to 2.30pm - Meadow House, Mansfield NG18 2TB
6. Thursday 14th November 2024 1pm to 2.30pm - Sherwood Energy Village, Ollerton NG22 9FE

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer and Kinship Care Infant Sleep Support Workshop (12 months +)

Primarily targeted at carers looking after children aged 12months + (a separate workshop is available for babies aged 0-12months)

Dates for 2024/25

1. Tuesday 2nd July 2024 1pm to 2.45 pm

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer and Kinship Care Supporting Babies to Learn at Home

This course is targeted primarily at carers looking after children aged 0-1years and aims to provide learners with the core skills necessary to successfully support babies learning and development in the home.

Dates for 2024

1. Monday 11th November 2024 1pm to 3pm

The above session is delivered by Microsoft Teams. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer and Kinship Care Supporting Toddlers to Learn at Home

This course is targeted primarily at carers looking after pre-school aged children and aims to provide learners with the core skills necessary to successfully support toddlers learning and development in the home.

Dates for 2024/25

1. Monday 11th November 2024 9.30am to 11.30am

The above session is delivered by Microsoft Teams. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carers and Kinship Care Toileting Support Workshop

This event will offer support to Foster Carers and Kinship Carers in relation to challenges faced when toilet training toddlers/children, especially when they have experienced neglect, abuse and trauma. The course will focus on how these experiences may impact/present in issues related to toileting and will consider how

you can support children, overcoming some of the challenges and barriers you may experience along the way.

Dates for 2024/25

1. Monday 29th April 2024 10am to 11.30am
2. Monday 16th September 2024 10am to 11.30am

The above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer and Kinship Care Infant Feeding Workshop (0-1 Years)

This event will offer information and support to foster carers and kinship carers in relation to feeding babies, primarily aged 0-1 years. The course will focus specifically on bottle feeding, safe preparation and storage of milk, responsive and paced feeding and how to support close relationships to promote brain development.

Dates for 2024/25

1. Thursday 9th May 2024 1pm to 2.30pm
2. Wednesday 16th October 5.30pm to 7pm

The above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer and Kinship Care Promoting Good/Healthy Eating Workshop

This workshop also covers how to manage fussy eating/challenges with food). Aimed primarily at carers of children between 1 year to 5 years of age, however, may also be of relevance to carers of older children experiencing challenges with food.

Dates for 2024/25

1. Thursday 18th April 2024 - 10am to 12pm
2. Tuesday 12th November 2024 - 10am to 12pm

The above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carers Therapeutic Parenting with PACE

The course will aim to cover the below: -

- The impact of Trauma and ACES
- Blocked trust and the fear of intersubjectivity.
- Building Connections.
- Introduction to DDP parenting – the two hands approach.
- The therapeutic parenting model and the importance of non-verbal communication.
- Creating emotional safety by connecting to calm
- PACEful parenting – Playfulness, Acceptance, Curiosity and Empathy.
- Supporting emotional literacy – connecting, accepting, and naming feelings.
- Self -reflection and Self-care.

Attendees must have attended or completed previously introduction to PACE or Foundation PACE

Dates for 2024/25

1. Tuesday 21st May 2024 – 9:30am -2:30pm

The above session is delivered by Zoom. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

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NSCP Sudden Unexpected Death in Infancy and Safer Sleep for Babies Level 3

The sudden and unexpected death of an infant is one of the most devastating tragedies that could happen to any family. This training looks at the risk factors for Sudden Unexpected Death in Infancy and the local picture in Nottinghamshire. It provides a summary of the key learning and messages from the national SUDI review. This event is being provided virtually over 2.5 hours and is suitable for **all** professionals working with families and infants.

Aims to:

- Explain what Sudden Infant Death Syndrome (SIDS) is.
- Highlight the factors which make some babies more vulnerable to SIDS.
- Explain what 'safer sleep' is and help you identify risk factors.
- Discuss tips on talking to parents/ carers about 'safer sleep' and the barriers to the advice being followed.
- Raise awareness of the learning from the National SUDI Review "Out of routine: A review of sudden unexpected death in infancy (SUDI) in families where the children are considered at risk of significant harm" and the local response to it.

Please note we will incur a £20 charge for no shows on NSCP webinars., if you find you are no longer able to attend, they require 24 hours' notice of cancellation. Please log into your account and remove yourself from the event.

Dates for 2024/25

1. Friday 26th April 2024 9.30am to 12pm
2. Wednesday 9th October 2024 9.30am to 12pm

The above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

FC Child Car Seat Safety Training

The training will support foster carers to

- know how to correctly install a child car seat.
- know which types of car seats/boosters are appropriate for different ages.
- know how to safely restrain children in a car seat when transporting them.
- have a better understanding of the law as it pertains to the use of car safety seats.

Dates for 2024/25

1. Wednesday 4th September 2024 9.30am to 1pm
2. Saturday 8th March 2025 9.30am to 1pm

Both above events will take place at Edwinstowe House 1, Edwinstowe House, High Street, Edwinstowe, Mansfield, NG21 9PR

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carers Sensory Processing Disorders

This training aims to increase the understanding of what is meant by a sensory processing disorder: - develop an understanding of what the different senses are.

- to develop an understanding of how a sensory processing disorder may impact on a child.
- to start to think about what can be done to help a child with a sensory processing disorder.
- to start to think about the links between a sensory processing disorder and attachment/ autism etc.

Zoom and MS Teams webinars may be recorded by the provider for quality assurance purposes and that Foster Carers should not use the names of children in any discussions on the webinar and children should be out of sight of the webcam.

Dates for 2024/25

1. Wednesday 23rd October 24 – 10:00am -12:30pm
2. Wednesday 25th June 25 – 10:00am -12:30pm

The above sessions are delivered by Microsoft Teams. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carer Communication with Foster Care Professionals

- Understand principles of effective communication as a two or more-way process (underpinned by values such as participation and inclusion)
- understand how context shapes communication and can facilitate or impede effective communication.
- understand communication and the importance of working together effectively within the fostering/social work role and task.
- understand the importance of relationships in fostering/social work and what we communicate through relationships.
- understand how we form and maintain positive working relationships.
- Understand how we show sensitivity towards the other person's expectations and concerns so that you can negotiate a shared agenda for the task in hand.
- How to prevent and avoid miscommunication and misunderstandings - ways of explaining that helps the person to understand the information they need.
- Barriers to communication
- Communication in challenging circumstances
- the impact of identity, beliefs, and culture on the process of communication
- the importance of sensitivity to issues of culture, identity, and belief in communication

Dates for 2024/25

1. Tuesday 25th June 2024 10am to 1pm

The above session is delivered by Zoom. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

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Foster Care Bereavement and Loss

Bereavement and loss are experiences, which may affect all parts of our being - emotional, physical, spiritual, and social. How children deal with loss is an acknowledged factor in their mental wellbeing in later life. Foster carers need a framework to develop strategies for dealing with loss and grief which are integral to the day-to-day work they do with children.

Learning Outcomes:

- To develop practical strategies to help support children and young people who experience significant loss or bereavement in their lives
-Understand more about the responses to loss experienced by children, including bereavement, separation, divorce and illness and transitions.
-Understand the ethnic, religious, and cultural considerations in bereavement and loss
-Understand the role of rights and rituals
-Be able to apply a range of practical support systems to children and families dealing with loss
-Understand how to apply an effective approach to working with children and families where loss has occurred
-Identify the range of support available to bereaved children and families

Dates for 2024/25

1. Tuesday 11th June 2024 10am to 1pm

The above session is delivered by Zoom. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Care Promoting Positive Behaviour

This event will enhance delegate's knowledge and skills in effectively managing and supporting children with challenging behaviour.

The training will introduce delegates to essential strategies in promoting positive behaviour, signposting them to further support. At the end of the training event delegates will: -

- Be able to define what is meant by challenging behaviour.
- Developed an understanding of theory of risk management and links between relationships and behaviour.
- Explore current drivers in behaviour management of vulnerable children who may display reckless or risky behaviour.
- Utilised the opportunity to reflect upon individual experiences and analysed existing and a range of new positive behavioural approaches.
- Acknowledge support needs of self and others.

Dates for 2024/25

1. Wednesday 5th June 2024 10am to 1pm
2. Tuesday 22nd October 2024 10am to 1pm

The above sessions are delivered by Zoom. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

FC Youth Mental Health First Aid

The Youth MHFA course takes place over two full days. Harmless' specialist training team bring a wealth of personal and professional experience around mental illness, self-harm, and suicide.

Youth MHFA will teach you the skills and confidence to spot the signs of mental health issues in a young person, offer first aid and guide them towards the support they need. In doing so, you can speed up a young person's recovery and stop a mental health issue from getting worse. FC Youth Mental Health First Aid (MHFA) is for foster carers who support young people aged 8-18.

The course is delivered in four manageable chunks:

- About mental health
- Depression and anxiety
- Suicide and psychosis.
- Self-harm and eating disorders.

It focuses on the issues faced by young people today, such as cyber bullying and substance misuse, and teaches how to promote protective factors and good parenting. Everyone who completes the course gets a Youth MHFA manual to refer to whenever they need it, and a certificate to say they are a Youth Mental Health First Aider

The sessions will be a mix of presentations, discussions, and group work activities. Our instructors provide a safe learning environment and are trained to support you throughout the whole course. If you don't feel comfortable joining in certain parts, then there is no pressure to.

Dates for 2024/25

1. Tuesday 10th & Wednesday 11th September 2024 online 9.30am to 4.30pm
2. Tuesday 18th & Wednesday 19th February 2025 online 9.30am to 4.30pm

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

FC: Preparing Children/Young People for Transitions

The training aims to: -

- Provide an opportunity to reflect on personal experiences of supporting a young person through transition to independence.
- Be familiar with the legislation and policy framework for young people leaving care.
- Understand the role of personal advisors / support workers from the leaving care team.
- Increase your knowledge of the pathway planning process and your role within this.
- Understand the breadth of emotional and developmental issues for young people leaving care.
- Know practical tools and techniques to ensure that children are fully prepared for living independently - Be able to support the young person to develop strategies to build their independence.
- Identify the support available for young people not in education, employment, or training (NEET)
- Transitions for children moving.
- Transitions at school
- Support around development of independence skills such as meal prep, managing pocket money (budgeting), how to do laundry etc.

Dates for 2024/25

1. Saturday 8th June 2024 10am to 1pm

The above session is delivered by Zoom. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Carers Drug Awareness (Including New Psychoactive Substances)

- Attendance at this course will support participants to be able to increase knowledge and develop skills in responding to drug use.
- Raise awareness of the range of issues relating to the use of drugs (including Cannabis, Stimulants, NPS & other Synthetic Drugs/'Spice')
- Be able to identify a variety of drugs and understand the effects and dangers.
- Have a sound knowledge of the law relating to drugs and the new legislation that now controls NPS.
- Discuss harm reduction techniques to help you effectively work with young people using drugs, including NPS.

Dates for 2024/25

1. Wednesday 26th June 2024 10am to 12pm

The above session is delivered by Zoom. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Foster Care PDA - Pathological Demand Avoidance

The training is delivered over Zoom over two sessions. Participants need to attend both sessions to complete the course.

The key features of a PDA profile,

- Demands,
- The effects,
- Helpful approaches,
- Anxiety,
- Rewards/praise & sanctions,
- Collaborative problem solving,
- Siblings and Diagnosis,
- Transition to adulthood,
- Education,
- Resources and signposting
- Interactive activities/discussions throughout.

Prior to course, delegates are asked to view:

https://www.youtube.com/watch?v=tlTdoJzCLTQ&feature=youtu.be

Dates for 2024/25

1. Friday 21st June 2024 – 10am to 12.30pm and Friday 28th June 2024 – 10am to 12.30pm
2. Tuesday 15th October 2024 – 10am to12.30pm and Friday 22nd October 2024 – 10am to 12.30pm

All the above sessions are delivered by Zoom. Links will be shared prior to the training commencing for foster carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Online Safety Training for Foster Carers

The training will:-

1. Explore ways that foster carers can help children and young people stay safe in a 'digital world'.
2. Discuss some of the specific potential challenges for foster families.
3. Consider some of the risks and problems young people face online.

Dates

1. Thursday 6th February 2025 09:30-12:00

The above session will be delivered by Microsoft Teams. Links will be shared prior to the training commencing for Foster Carers who have booked on a course.

From the 12th of August until the new system goes live later in 2024, all training will have to be booked via email. This will need to be booked by please emailing fosteringtrainingco-ordinators@nottscc.gov.uk and trainingadmin.pr@nottscc.gov.uk.

Optional/Additional E- Learning (Not Available between 16th August to December 2024)

Please note that the below e-learning will not be available until the new learning platform is in place after the 30h December 2024.

Foster Care Food Safety Level 1

Click here to start the course: Course: Food safety level 1 (learningpool.com)

Treating People Fairly

Treating People Fairly covers a number of elements and looks at equality from two perspectives:

- The Law
- Personal Attitudes and behaviours

This underpins how we provide our services and work together at NCC.

Click here to start the course: https://nottscc.learningpool.com/course/view.php?id=70

Trans Awareness

Click here to start the course: Course: Trans Awareness (learningpool.com)

Autism awareness 2016

The Autism E Learning Training Course was designed in partnership with autistic people, and professionals from Nottinghamshire County Council, Nottingham City Council and Nottinghamshire Healthcare NHS Foundation Trust. The Course is designed to raise the awareness of Autism Spectrum Conditions (ASC's). You can expect to learn about the characteristics of autism, relevant legislation, and practical ways of supporting autistic people.

Click here to start the course: Course: Autism Awareness 2016 (learningpool.com)

Infection control

Click here to start the course: Course: Infection Control - Certification (learningpool.com)

Learning Disability Awareness

Click here to start the course: Course: Learning Disability Awareness (learningpool.com)

Managing Medicines

Click here to start the course: Course: Managing Medicines (learningpool.com)

NSCP Self Harm and Suicidal Thoughts in Children and Young People

Click here to start the course: Course: Self-Harm and Suicidal Thoughts in children & young people (learningpool.com)

Social Media and Safeguarding

Click here to start the course: Course: Social Media and Safeguarding (learningpool.com)

Supporting Looked After Children

Click here to start the course: Course: Supporting Looked After Children (learningpool.com)

Children Missing from Home and Care

Click here to start the course: Course: Children Missing from Home and Care (learningpool.com)

Coercive Control

Click here to start the course: Course: Coercive Control (learningpool.com)

Domestic Abuse

Click here to start the course: Course: Domestic Abuse (learningpool.com)

Emotional Abuse

Click here to start course: Course: Emotional Abuse (learningpool.com)

Physical Abuse

Click here to start the course: Course: Physical Abuse (learningpool.com)

Sexual Abuse

Click here to start the course: Course: Sexual Abuse (learningpool.com)

Neglect

Click here to start the course: Course: Neglect (learningpool.com)

Trauma, Toxic Stress and Adverse Childhood Experiences

Click here to start the course: Course: Trauma, Toxic Stress and Adverse Childhood Experiences (ACEs) (learningpool.com)

Introduction to Safeguarding Children

Click here to start the course: Course: Introduction to Safeguarding Children (learningpool.com)

Safer Sleeping for Babies

Click here to start course: Course: Safer Sleeping for Babies (learningpool.com)

Child Criminal Exploitation and County Lines

Click here to start the course: Course: Child Criminal Exploitation and County Lines (learningpool.com)

Radicalisation

Click here to start the course: Course: Radicalisation (learningpool.com)

Honour Based Violence and Forced Marriage

Click here to start the course: Course: Honour Based Violence and Forced Marriage (learningpool.com)

Mental Health Awareness

Click here to start the course: Course: Mental Health Awareness (learningpool.com)

Reflective Logs

In addition to the training outlined within this document, foster carers can also complete training via the use of reflective logs foster-carer-training-reflection-log.doc (live.com) that should be discussed with your supervising social worker within supervision. The following examples can be listed on your learning log and contribute towards your 20 hours annual training requirement: -

1. Fostering in Nottinghamshire Fostering in Nottinghamshire Nottinghamshire County Council
2. Reading a book (factual / documentary)
3. Watching a DVD (factual / documentary)
4. Watching a related television programme or documentary
5. Training Events or research
6. Online training courses at SCIL - **Registration Number: 415NCCLGN** - Go to Scils >> Social Care Information and Learning Services, click on Register and use the registration number above to create a username and password for logging in.
7. Reading newspaper articles.
8. Online research i.e., researching a specific topic relevant to you.
9. Reading Fostering Network Magazine
10. Mentoring prospective or newly approved foster carers (Fostering Champions)
11. Attending Foster Carer Hubbs (Support Groups) where guest speakers are present, discussion or training activity covered.
12. Assisting with the Foster Carer Pre-Approval (Skills to Foster) and Post Approval Training
13. Media interviews as part of Foster Carer recruitment activity
14. Foster Carers Learning and Development Days and or conferences.
15. Attending CAMHs, bereavement actives, school discussions / support
16. Support of others learning

Examples of appropriate topics

1. Fostering and Adoption
2. Abuse and neglect, and the impact on children
3. Safeguarding children and child protection
4. Anything specific to the child/ children in placement i.e., specific needs they may have.
5. Health and Disability
6. Data Protection
7. Diversity