



Formally known as Sue's Place,  
The Newark and Notts Child Bereavement and Loss Centre

For any further information on any of our services  
or training programmes please contact us.

**Children's Bereavement Centre**

3 Kings Road, Newark, Notts. NG24 1EW

Tel: 01636 551739

Email: [info@childrensbereavementcentre.co.uk](mailto:info@childrensbereavementcentre.co.uk)

**We provide all core services free of charge**

If you would like to make a donation you can either contact us  
directly or go to the donations page on the website.  
[www.childrensbereavementcentre.co.uk](http://www.childrensbereavementcentre.co.uk)



Our Patron Jay McGuiness from  
The Wanted with service users

Funded and supported by:

Lloyds TSB | Foundation for England and Wales



**NHS**  
Newark and Sherwood  
Clinical Commissioning Group



**Supporting children and their families**

Registered Charity Number: 1098935

Company Number: 4747134

## Children's Bereavement Centre

We are a unique and special place where children and their families who are affected by terminal illness, death or the divorce and separation of someone close can access the support and guidance they need.

Although it is part of life, terminal illness, death, divorce and separation is a distressing and overwhelming experience for anyone, especially a child. Children's reactions depend on their age, maturity and understanding of what has happened. Adults often try to protect them from the facts surrounding their loss or are unsure what or how to tell them, we are here to offer the professional support and advice they may need. The early intervention of support has been proven to help adverse behaviour and mental health problems from developing in the future. We offer this support across Nottinghamshire and parts of Lincolnshire and are here to help children and their families cope and move forward.

## Services we provide

- Bereavement Support sessions for children aged between 3 and 18.
- Advice and support for families affected by terminal illness.
- Support is available at the centre in Newark and through our outreach services.
- Play Therapy for children who have suffered a sudden and traumatic loss.
- Filial Therapy for children and their families.
- Advice and support for children and families affected by divorce and separation.
- Support for schools.
- Support for young people in our Peer Support Group.
- 2 day residential Bereavement Camp.
- Organised workshops and activities.
- Training programmes for schools, professionals and volunteers.
- Placement provider for qualified counsellors and final year students.

## How to refer a child for support

Download from the website or request the referral form and return either to the address on the back page or email it to us. We will then aim to contact you within 48 working hours of our receipt of the referral form to arrange an assessment appointment. We aim for this to take place within two weeks.



## Bereavement Support

Bereavement support enables children to talk about their anxieties and feelings to allow them to normalise their grief. They are encouraged to compile a memory/feelings book and undertake individual support in a safe non-threatening environment in order to understand how they feel and to come to terms with their loss.

## Terminal Illness - Pre-bereavement Support

Support and advice can be provided to families to help them to talk to their children following a terminal diagnosis. We also provide individual support sessions to help children and young people explore and express their thoughts and feelings about the many changes brought about by this news.

## Play Therapy

To a child, the loss of a beloved parent or family member can be a devastating event. A child's sense of security is shattered and their world becomes a scary and unsafe place. Play Therapy provides the child with a safe, secure and accepting environment in which to explore these painful events through the natural medium of play.

## Filial Therapy

Filial Therapy integrates Family Therapy and Play Therapy in order to address child and family problems.

## Divorce and Separation

We support children and young people when their family dynamics change through divorce or separation. We encourage children and young people to discuss their feelings both positive and negative about what is happening using age appropriate materials.

## Support for schools

We provide advice, guidance and practical support following the death of a pupil or staff member.

## Peer Support Group

The aim of the group is to create an environment for young people between the ages of 12 and 18 where they feel safe enough to share their experiences of loss with each other whilst also enjoying activities and workshops.

## Bereavement Camp

The 2 day camp is for children and young people between 6 and 18 where they take part in both creative, adventurous and therapeutic activities. This helps them to build confidence and self-esteem whilst sharing their feelings with others, therefore feeling less isolated.

## Workshops and Activities

Children need to understand they are not alone during their grieving. They can play, be creative and have fun with others who understand how they are feeling.

## Volunteers

Our volunteers undertake many different roles within the charity including, working with the children, fundraising and helping with activity days. The volunteers who work with the children will have taken part in our vigorous training programme and will then work at the centre and outreach sites.