

Update for foster carers – 16th April 2020

I hope you and your families are all continuing to keep well and safe.

The update this week following the Easter break is short, as there is no new guidance to share on any practice changes, but I do want to say thank you to you all, for all that you continue to do to support our vulnerable children and young people.

It remains unclear when the current lockdown period will end, as it is likely to be extended, but I do not think it is too early to start to reflect on how we have had to adapt our daily lives and what we value, considering Covid-19, and changes made we would want to retain post lockdown. These may be the extra efforts being made to maintain contact with loved ones where there has been past irregular contact, to changes in working practices that are deemed to be more supportive and efficient. I would be interested in hearing your feedback.

I am enjoying the extra time for fun afforded by working from home and time with my daughter who likes to run 'schools for dads' based on one of her favourite children's book she has from few years back – clearly, the boss in our house!

Resources

The following resources identified by our fantastic fostering staff and foster carers:

A resource for working with teens and parents of teens struggling with in home schooling. The presenter doesn't share in a story telling voice so your mind may wander, but there are some helpful hints:

https://www.additudemag.com/webinar/quarantine-adhd-teen/?utm_source=eletter&utm_medium=email&utm_campaign=webinar_march_2020&utm_content=033120&goal=0_d9446392d6-92311c36f8-296060841 (you have to put your email address in and then it opens the webinar):

Also, please see our foster carer website: <https://www.nottinghamshire.gov.uk/fanotts> for updates re; COVID-19 and where there is lots of good information and resources and our facebook page: <https://en-gb.facebook.com/fosternotts/>

Thank you for all you are doing and for your ongoing support to our looked after children and young people. I will keep you all updated of any changes to our working practices impacted by any further government guidance.

Ty Yousaf
Fostering Service Manager
16th April 2020