

## **Sons and Daughters Day 2018**

The sons and daughters of foster carers play an essential role in making fostered children feel welcome into their families and ensuring placements are successful.

Each year, Nottinghamshire County Council arranges an event and invite the sons and daughters of foster carers as a small gesture to say a HUGE thank you to them for opening up their homes and for sharing their families with other children.

In the summer holidays, we took a group of young people aged 8-18yrs to the Mill Adventure Base where they were able to take part in Katananus on the water, bouldering, climbing and tunneling. This was an opportunity to meet up with other young people who share their experiences of fostering and to be with other young people 'who get it'.

It was a brilliant day and all the children did a fantastic job of taking part in the activities. The climbing and tunneling were especially challenging for some of us and all the participants were very brave. At the end of the day, the staff commended the children's good behavior and we were so proud of them all for the way they conducted themselves and got involved.

We have a Sons and Daughters Council that meets annually to discuss the next event and we encourage any birth children aged 8-18 to put forward their suggestions for next year's activity day. If your child would like to get in touch with any ideas then please email us at [fostering@nottscc.gov.uk](mailto:fostering@nottscc.gov.uk)

