

From: Fostering Training Coordinator

To: All SSW and FC's

Date: 6 April 2020

## **FC Coping with risky behaviour (CRB) Mandatory for all fostering staff colleagues**

In response to the ongoing issues and barriers associated with the physical intervention model MAPA it has been decided that the Fostering service will work with the CRB model. This is used in some educational settings and the feedback is positive.

Key principles:

- The aim of the training is to provide insight into recent legislation and guidance that could impact on policy and practice as well as a range of physical and non-physical strategies.
- Feedback indicates that fostering staff colleagues feel more confident/supported with the CRB approach
- Transition to date from MAPA to CRB in education settings has been seamless – CRB is like MAPA but is not a stand-alone process.
- The Focus is very much on identifying ways of avoiding or defusing situations
- Ongoing support and training is available however this is not a single event.
- 1:1 support is available to foster carers to consider the key themes, legalities, duty of care, small children skills and post incident analysis.

### **Course content:**

Nottinghamshire County Council, through Education, Standards and Inclusion Services, has developed a training programme designed to help fostering staff colleagues manage the risks associated with the challenging behaviours of young people.

The County Council recognises that at times the behaviour presented by some children and young people can be challenging to the professionalism of fostering staff colleagues. Fostering staff colleagues can be faced with difficult and sensitive situations which, if handled well, can be a positive reinforcement of good behaviour and build trust and respect.

The County Council's commitment is clear. We will work to provide the safest environments possible; we will support and enable you to reduce risk, violence and aggression in your place of work and we will provide you with training, guidance and advice to keep you safe.

### **Outline:**

Physical intervention and CRB training is provided through the local authority co-ordinator. These courses provide participants with an insight into recent legislation and guidance that could impact on policy and practice as well as a range of physical and non-physical strategies to help manage the risks posed by children and young people's behaviour

**Description:**

Training includes ways of avoiding or defusing situations in which physical intervention might become necessary as well as methods of physical intervention. This is particularly important for fostering staff colleagues who work very closely with children whom have SEN and/or disabilities associated with extreme behaviour.

**Booking Information:**

These courses are appropriate for people with a wide range of weight, height, co-ordination, physical fitness and aptitude to learn. Any physical techniques taught do not rely on physical strength, but instead make use of the body's own mechanics, positioning, proximity and posture.

Please also note that the learning of physical skills (when included) will, with your permission, necessitate close physical contact with other course participants and tutors.

There is a strong emphasis given to a code of conduct, courtesy and sensitivity that is respectful to all. It is an expectation that this code shall be maintained and respected by all participants during the training.

To book your place, please visit the "My Learning My Career" portal - <https://nottsccllearningpool.com/mod/faceofview.php?id=2052>

For more information please contact: Your supervising social worker