



Family Workers - Fostering



Family Workers within the Fostering Service support foster carers and children, aged 0 to 18 years, in placements across the county. The main aim of our role is to strengthen placement stability, reducing placement breakdowns.

Support can be offered according to the individual child and foster carer's needs. Our service is flexible and can be delivered both in the home or local community. We accept re-referrals where this is necessary.

Support can be offered on a range of issues such as:

Theraplay

Therapeutic play approach designed to build relationships. And help children connect with others and their own emotions.

We work jointly with CAMHS to provide therapeutic interventions.

Behaviour Management

Using a range of strategies to reflect the specific needs of looked after children.

Sleep and Routines

Guidance for children who have sleep difficulties and support to carers in implementing morning and bedtime routines, to enable the child to feel safe and secure.

Attachment

Using PACE (Play, Acceptance, Curiosity, Empathy) to develop positive relationships where a child feels accepted.

Emotional Health

Support around eating, self-harm, continence and sexualised behaviours.

Feelings and Self Esteem

Work with children to develop an awareness of their feelings, how to manage these and foster feelings of self-worth and confidence.

Life Story Work

To offer children a structured and understandable way of talking about their history and identity.

Transitions

To support children new to foster care, experiencing changes in their everyday life and those moving on.

Foster Carer's Support Group

We are available to attend foster carers' support groups to provide practical support and demonstrations, for example of Theraplay activities.

We are a team of specialised workers who are trained to deliver a range of intervention techniques such as:

- Parent/Child Game
- The Incredible Years Parenting Programme
- Strengthening Families
- Solution Focus

If you would like support from our service please contact your supervising social worker or the child's social worker who will be able to complete a referral form.