

### Nottinghamshire County Council

Children In Care Council (CICC)



Young People's Voices is a series of groups for young people in care and care leavers The groups are;

### Junior (8-12 years) Senior (13-16 years) 16+ and Care Leavers (16-21 years)

These groups not only allows you to meet multiple people in care and make friends but to also have an important role within them; your voice and feedback helps services be young person friendly from your point of view; become part of the group by joining and have your voice heard directly by decision makers.



# WHAT WE DO

In these groups we do many different activities and talk about many important issues and influence change within the foster/residential care system. We help train new foster carers and get involved in lots of projects (e.g. ensuring personal education plans are child friendly, residential home inspection visits, helping with the Annual Achievement Day and lots more..... We also enjoy social time in the group session which can range from us having pizza or making our own paninis, graffiti art or team building!







Aside from graffiti and fun icebreakers we tackle some important things such as Anti-Bullying, getting things right for us and our rights. These are listened to at No Labels where we meet with team managers and decision makers! To help make a difference for young people in care. Please come forward if you have anything you wish to discuss or debate.





In the Children in Care Council, we have different roles to help make the meetings run well. We vote for who we want to do these jobs so that they represent what the whole group wants.



The roles are:
 Chairperson
 Vice Chairperson
 Secretary





A Chairperson is the person who leads the meeting. They make sure that the group makes decisions together. They make sure that everyone in the group gets a chance to say what they think. The Chairperson attends the No Labels meetings to share the views of the group. Professionals attend the No Labels so that we can give your views direct to the decision makers and get feedback



<ul> <li>A Good Chairperson:</li> <li>Makes sure the meetings are productive</li> <li>Makes everybody in the group feel welcome</li> <li>Listens to others</li> </ul>	$\land$ Let anyone <b>take over</b>
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A Vice-Chairperson helps the chairperson with what they need to do and can sometimes work together. They also make sure that everyone gets a say. If the chairperson can't attend a meeting, the Vice-Chair takes over and runs the meeting. The Vice-Chair attends the No Labels meetings to share the views of the group.



<ul> <li>A good Vice-Chair:</li> <li>Makes sure the chair is okay</li> <li>Helps with anything the chairperson needs help with</li> <li>Is ready to take over if the chairperson can't come to the meeting</li> </ul>	<ul> <li>A good Vice-Chair doesn't:</li> <li>Try and take over from the chairperson</li> <li>Leave the chairperson to run the meeting by themselves</li> <li>Think that they're not important!</li> </ul>



A Secretary helps keep the meetings organised. They hand out paperwork and information in the meetings and follows up on the action plan of the group. They take the minutes of the meetings to keep a record of what happened. The secretary helps to publicize the group to get the word out! Everyone is welcome!



<ul> <li>A good secretary:</li> <li>Stays organised</li> <li>Makes good notes in the meeting</li> <li>Lets people know</li> </ul>	<ul> <li>A good secretary doesn't:</li> <li>Show up late to meetings</li> <li>Ignore what people are saying</li> <li>Sort things out last minute</li> </ul>
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There is also a role for being the **Chairperson** of **No Labels**. You can **only apply** for this role if you are not a Chair or Vice Chair person currently for a group. The **No Labels** and **Children in Care Council** gives young people a voice directly within the care system and enables them to get feedback

## Where and When?

During term time we meet every four/six weeks at the Mill Adventure Base in Sutton in Ashfield (transport is provided if needed)

If you would like to join one of the groups or would like any more information, please contact:

## Emma Betteridge

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